

TABLA'S GLUTEN FREE MENU

APPETIZERS

MIXED PAKORA

Spiced Cauliflower, Paneer, Potatoes & Onion Fritters. 8.00

SOUP & SALAD

TABLA'S TIKKA SALAD

Tandoori Paneer or Chicken with Baby Spinach, Mixed Greens, Cucumbers, Lettuce, Cabbage, Carrots, Green Peppers, Onions tossed with Chef's Special dressing. 10.00

Chicken add 2.00

HOUSE SALAD

Mixed Greens, Cucumbers, Lettuce, Cabbage, Carrots, Green Peppers, Onions tossed with Mango Dressing. 8.00

LEMON CORIANDER SOUP

Fresh Cilantro, Diced Vegetables with a hint of Lemon. 6.00

MULLIGATAWNY SOUP

Lentils simmered with Coconut Milk, Onions, Celery and Black Pepper. 6.00

MAIN COURSE

served with Basmati Rice.

CAN ORDER FROM THE INDIAN SECTIONS EXCEPT CHICKEN/LAMB SEEKH KABOB, MALAI KOFTA.

BREADS

Please check with your Server for Availability.

MAKKI ROTI 5

BESAN ROTI 5

18% Gratuity will be charged on Tables of 6 or more.

DESSERT

Please check with your Server for Availability.

RICE PUDDING 5

CHAI ICE CREAM 3